

AKA Gym Mixed Martial Arts for Kids Program

American Kickboxing Academy is proud to present an advanced children's martial arts program that integrates Brazilian Jiu-Jitsu, Boxing, American Kickboxing, Muay Thai, Wrestling and Judo, all into one system, know as the American Fighting System. The program was developed by owner Javier Mendez, a former two-time ISKA World Kickboxing Champion. The curriculum is overseen by 16 year veterans, coaches Travis Johnson and Gary Owens. Our elite grappling system is based on the Brazilian Jiu-Jitsu of Black Belt Jon Fitch. Our instructors are Brown Belt Wayne Phillips and Purple Belt Vince Arevalo.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4pm - 4:45pm	Jiu-Jitsu, Wrestling, Judo 5-16 yr olds (Coaches Wayne Phillips & Vince Arevalo)	Jiu-Jitsu, Wrestling, Judo 5-16 yr olds (Coaches Wayne Phillips & Vince Arevalo)	Jiu-Jitsu, Wrestling, Judo 5-16 yr olds (Coaches Wayne Phillips & Vince Arevalo)	Jiu-Jitsu, Wrestling, Judo 5-16 yr olds (Coaches Wayne Phillips & Vince Arevalo)	Jiu-Jitsu, Wrestling, Judo 5-16 yr olds (Coaches Wayne Phillips & Vince Arevalo)	10am-10:45am MMA 5-16 yr olds (Coaches Wayne Phillips & Vince Arevalo)	
4:45pm - 5:30 pm	Boxing & Kickboxing 5-16 yr olds (Coaches Wayne Phillips & Vince Arevalo)	Boxing & Kickboxing 5-16 yr olds (Coaches Wayne Phillips & Vince Arevalo)	Boxing & Kickboxing 5-16 yr olds (Coaches Wayne Phillips & Vince Arevalo)	Boxing & Kickboxing 5-16 yr olds (Coaches Wayne Phillips & Vince Arevalo)	Boxing & Kickboxing 5-16 yr olds (Coaches Wayne Phillips & Vince Arevalo)		

Drop-In Fee: \$25.00 Per Day

** Children 5 years and under will be evaluated by the coaching staff during their trial class for acceptance into our program.

** Children/Teens with above or below average height and weight will be placed into a program/classes, based on coaching staff's recommendation.

**** Note: Coaching Changes are Subject to change without notice**